



ILLINOIS YOUTH SURVEY

2024 Community Report

Chicago Community Area Report - Washington Heights

I ILLINOIS
CPRD | Center for Prevention
Research & Development
SCHOOL OF SOCIAL WORK



Data collected Spring 2024

Introduction

Based on the administration of the Illinois Youth Survey (2024), this report provides community-level data on a variety of health and social indicators including drug use, bullying, school climate, and much more. The data has been organized into topical sections as noted in the table of contents. In some cases, only a portion of schools in a community participate in the Illinois Youth Survey (IYS). There will be no data presented in this report for any grade level with only one school or one district reporting, unless there is a school or district release on file. This is to protect the confidentiality of school-level and district-level results.

The IYS is offered to both public and private schools. Because of the lack of available enrollment information for private schools, the participation tables below reflect public school data only.

Public School Building Participation

In Table 1, the number of eligible public schools is compared with the actual number of IYS eligible participating public schools in the community.

Table 1: Public School Building Participation

Middle Schools (8th grades)	
N Schools Participating	N Schools Eligible
2	8

Public School Student Participation

Table 2 compares the actual number of students surveyed with the number of all students enrolled in public schools in the community. Enrollment totals are based on student enrollment at public schools with at least 10 enrolled students at the 8th, 10th, or 12th grade level. Table 2 is based solely on public school students due to the lack of available enrollment information for private schools. There will be no data presented in this report for any grade level with fewer than 10 valid surveys (in the column "N Students Surveyed"). This is to protect student confidentiality.

Table 2: Public School Student IYS Participation by Grade

	N Students Surveyed	N Enrolled Students in Community	% Enrolled Students in Community Report
8th	41	219	19%
Total	41	219	19%

Tips for Using this Report

The data presented in this report reflects participating public and private schools in this community, as well as schools that serve youth in specialized settings such as charter schools or alternative schools. The list of schools that contributed to the data can be found following the table of contents.

The IYS 8th grade survey form does not include all questions asked on the IYS high school form. For that reason, responses to some questions do not appear in the tables for some grade levels. If you would like to determine what section includes responses to a specific survey item or verify if a question was asked at a specific grade level, please refer to the Site Report Appendix on the IYS website at <http://iys.cprd.illinois.edu/results>.

When looking at percentages, keep in mind that 0% may be a rounded number that does not mean "0" people affected. For example, a value of 0.4% would be rounded down to 0%.

Tables can be helpful when you are looking for a summary of responses for a particular survey question, for example, the percentage of 8th grade youth who report using prescription pain killers to get high. Some tables may contain a mean score (an average of all the responses), a median score (the middle point of all responses given) or an "N" (number of students who responded to that question). Tables can also be useful when you need specific data to support a grant or report. If you see an "N/A" (**Not Applicable**) noted in a table, this indicates that the question was **not asked at that grade level**. If you see an "N/R" (**Not Reported**) noted in a table, this indicates, unless otherwise specified, that at least

90% of students skipped the question for no known reason, making the results too biased to report. For tables that are “among users” only grade levels with “at least one user” will display; grade levels with “0” users will not show.

Summary charts were provided in previous years to help you compare local results to a random sample of students across the state of Illinois. Due to the lingering effects of the COVID-19 pandemic and a subsequent decline in participation, an IYS state sample is not available for 2022 and there are no summary charts included in this report. State level results from the 2024 IYS will be available in late fall. Until then, you can compare these results to your county, to a county with similar characteristics, or to the 2020 report for suburban Chicago counties, other urban/suburban counties, or rural counties (Chicago is not available). All of these reports are available on the IYS website.

We are confident that you will find this report to be a valuable resource for planning, grant writing, program development and reporting. If you have any questions about this report, please call 888-333-5612 to speak to an IYS Coordinator or visit the IYS website at <http://iys.cprd.illinois.edu/>.

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List of Schools

Public or private schools that contributed to the data in this report:

School Name
Green W Elem School
Evers Elem School

(1) Student Characteristics

Age

8th	
Avg	N
13.7	41

Gender*

	8th	
	%	N
Female	56%	23
Male	44%	18
Prefer not to answer	0%	0
Total	100%	41

*In 2024 question and response options were changed

Race

	8th	
	%	N
White	0%	0
Black/African American	95%	39
Latino/Latina	2%	1
Asian American	0%	0
Native American/American Indian	0%	0
Multi-racial	2%	1
Other	0%	0
Total	100%	41

Who do you live with MOST OF THE TIME:

	8th	
	%	N
Both parents	29%	12
Parent and step parent	5%	2
Mother only	34%	14
Father only	2%	1
Split time between parents	17%	7
Legal guardian	5%	2
Foster parent (including relatives if they are your foster parent)	0%	0
Group home or residential care	0%	0
Grandparents only	0%	0
Living independently	N/A	N/A
Multiple living situations	7%	3
Total	100%	41

During the past 30 days, where did you usually sleep:

	8th	
	%	N
In my parent's or guardian's home	98%	40
In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	0%	0
In a shelter or emergency housing	0%	0
In a motel or hotel	0%	0
In a car, park, campground, or other public place	0%	0
I do not have a usual place to sleep	0%	0
Somewhere else	2%	1
Total	100%	41

Zip code of student

	8th
60429	2%
60445	2%
60469	2%
60615	2%
60617	2%
60619	2%
60620	12%
60628	39%
60630	2%
60643	20%
60649	2%
60954	2%
Invalid or no response	7%

At school, are you eligible to receive:

	8th	
	%	N
Free lunch	95%	39
Reduced price lunch	0%	0
Neither	5%	2
Total	100%	41

Amount of time spent home alone each week after school:

	8th
None	47%
1 to 2 days, less than 3 hours per day	11%
1 to 2 days, more than 3 hours per day	5%
3 or more days, less than 3 hours per day	24%
3 or more days, more than 3 hours per day	13%
Total	100%

(2) Drug Prevalence and Behaviors

2024 Substance Use Rates by Grade - Part 1 of 3

Substance Used	8th Grade
Used Past Year	
Any common substance (including alcohol, inhalants or marijuana)*	2%
Any common substances plus vaping (including alcohol, tobacco products, e-cigarettes or other vaping products, inhalants, or marijuana)*	2%
Alcohol	2%
E-cigarettes or other vaping products	0%
Any Tobacco Product (including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or tobacco used in a hookah water pipe)	0%
Inhalants	0%
Marijuana	0%
Synthetic marijuana	0%
Alcohol and marijuana at the same time	0%
Alcohol and energy drinks at the same time	0%
Any Illicit Drugs (excluding marijuana)	0%
Crack/Cocaine	0%
Hallucinogens/LSD	0%
Ecstasy/MDMA	0%
Methamphetamine	0%
Heroin	0%
Any Prescription Drugs to get high	0%
Prescription Painkillers	0%
Other Prescription Drugs	0%
Prescription pain medicine without prescription or differently than prescribed	0%
Prescription drugs not prescribed to you	0%
Over-the-Counter Drugs	0%
# of Respondents	41

*Past year cigarette use was not asked in 2024. Not comparable to 2022

2024 Substance Use Rates by Grade - Part 2 of 3

Substance Used	8th Grade
Used Past 30 Days	
Alcohol	2%
Any tobacco products OR e-cigarettes or other vaping products	0%
Cigarettes*	0%
Smokeless tobacco	0%
Smoked tobacco (other than cigarettes)	0%
E-cigarettes or other vaping products	0%
Marijuana	0%
Prescription drugs not prescribed to you	0%
# of Respondents	41

*In 2024 response options were changed

2024 Substance Use Rates by Grade - Part 3 of 3

Substance Used	8th Grade
Used Past 2 Weeks	
Binge Drinking	2%
# of Respondents	41

How old were you when you first:

		Never have	10 or younger	11	12	13	14	15	16	17	18 or older	Total
8th	Had more than a sip or two of alcohol	80%	10%	2%	2%	5%	0%	0%	0%	0%	0%	100%
	Began drinking alcohol regularly (at least once or twice a month)	100%	0%	0%	0%	0%	0%	0%	0%	0%	0%	100%
	Smoked a cigarette, even just a puff	97%	2%	0%	0%	0%	0%	0%	0%	0%	0%	100%
	Used an e-cigarette or other vaping product	92%	0%	2%	2%	0%	2%	0%	0%	0%	0%	100%
	Used marijuana	92%	0%	5%	0%	2%	0%	0%	0%	0%	0%	100%

ALCOHOL: On how many occasions (if any) have you had alcohol:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past 30 days	98%	2%	0%	0%	0%	0%	100%
	In the past year	98%	2%	0%	0%	0%	0%	100%

ALCOHOL PLUS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	Used marijuana and alcohol at the same time	100%	0%	0%	0%	0%	0%	100%
	Used alcohol and energy drinks at the same time	100%	0%	0%	0%	0%	0%	100%

BINGE DRINKING: Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row:

	8th
None	97%
Once	2%
Twice	0%
3-5 times	0%
6-9 times	0%
10 or more times	0%
Total	100%

ALCOHOL TYPE: Among alcohol users in the past 30 days, what did you drink*:

	8th Grade
Beer from bottles, cans, or a keg	0%
Wine	0%
Hard liquor (vodka, whiskey, or gin)	0%
Alcopops (wine coolers, hard lemonade, hard cider, or hard seltzers)	0%

*A similar version of this question appeared in 2018

CIGARETTES: During the past 30 days, how frequently have you*:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Smoked cigarettes	100%	0%	0%	0%	0%	100%

*In 2024 response options were changed

E-CIGARETTES OR VAPING PRODUCTS: During the past 30 days, how frequently have you:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Used e-cigarettes or other vaping products	95%	2%	0%	2%	0%	100%

E-CIGARETTES OR VAPING PRODUCTS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	Used e-cigarettes or other vaping products	100%	0%	0%	0%	0%	0%	100%

TOBACCO PRODUCTS OTHER THAN CIGARETTES: During the past 30 days, how frequently have you used:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Smokeless tobacco such as chewing tobacco, snuff, dip, or snus	100%	0%	0%	0%	0%	100%
	Smoked tobacco products other than cigarettes such as cigars, cigarillos, or little cigars	100%	0%	0%	0%	0%	100%

TOBACCO PRODUCTS: In the past year, on how many occasions (if any) have you: used any tobacco product including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or a hookah water pipe:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	100%	0%	0%	0%	0%	0%	100%

INHALANTS: On how many occasions (if any) have you sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	100%	0%	0%	0%	0%	0%	100%

MARIJUANA: On how many occasions (if any) have you used marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past 30 days	98%	0%	0%	2%	0%	0%	100%
	In the past year	100%	0%	0%	0%	0%	0%	100%

SYNTHETIC MARIJUANA, SPICE, OR FAKE WEED: On how many occasions (if any) have you used synthetic marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	100%	0%	0%	0%	0%	0%	100%

PRESCRIPTION DRUGS: Have you used prescription drugs not prescribed to you:

		Yes	No	Total
8th	In the past 30 days	0%	100%	100%
	In the past year	0%	100%	100%

ILLICIT DRUGS: During the past 12 months, how often have you used:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	MDMA ("ecstasy")	100%	0%	0%	0%	0%	0%	100%
	LSD or other psychedelics	100%	0%	0%	0%	0%	0%	100%
	Cocaine or crack	100%	0%	0%	0%	0%	0%	100%
	Meth (methamphetamine)	100%	0%	0%	0%	0%	0%	100%
	Heroin	100%	0%	0%	0%	0%	0%	100%

PRESCRIPTION AND OVER THE COUNTER DRUGS: During the past 12 months, how often have you used:

		Never	1-2 times	3-5 times	6+ times	Total
8th	Prescription pain medicine without a prescription or differently than prescribed	100%	0%	0%	0%	100%
	Prescription painkillers to get high (e.g., OxyContin, Vicodin, Lortab, etc.)	100%	0%	0%	0%	100%
	Other prescription drugs to get high (e.g., Ritalin, Adderall, Xanax, etc.)	100%	0%	0%	0%	100%
	Something you bought in a store to get high (e.g., cough syrup, etc.)	100%	0%	0%	0%	100%

(3) Drug Use Contributing Factors

PERSONAL DISAPPROVAL: How wrong do you think it is for someone your age to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
8th	Drink beer, wine or hard liquor (e.g., vodka, whiskey or gin) regularly	73%	27%	0%	0%	100%
	Smoke cigarettes	87%	10%	3%	0%	100%
	Use e-cigarettes or other vaping products	78%	20%	2%	0%	100%
	Use marijuana	71%	22%	7%	0%	100%
	Use prescription drugs not prescribed to them	88%	10%	2%	0%	100%

PERCEIVED RISK ASSOCIATED WITH USE: How much do you think people risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
8th	Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day	12%	17%	30%	40%	100%
	Have five or more drinks of an alcoholic beverage once or twice a week	16%	8%	32%	45%	100%
	Smoke one or more packs of cigarettes per day	15%	7%	27%	50%	100%
	Use e-cigarettes or other vaping products	15%	12%	27%	45%	100%
	Use marijuana once or twice a week	21%	15%	38%	26%	100%
	Use prescription drugs not prescribed to them	15%	7%	25%	52%	100%

PERCEIVED RISK ASSOCIATED WITH TEEN ALCOHOL USE: How much do you think people YOUR AGE risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
8th	Use alcohol once or twice per month	10%	17%	32%	41%	100%

PERCEIVED PEER NORMS: What are the chances you would be seen as cool if you:

		No or very little chance	Little chance	Some chance	Pretty good chance	Very good chance	Total
8th	Began drinking alcohol regularly, that is, at least once or twice a month	85%	10%	2%	0%	2%	100%
	Smoked cigarettes	92%	7%	0%	0%	0%	100%
	Used e-cigarettes or other vaping products	85%	12%	2%	0%	0%	100%
	Used marijuana	74%	8%	13%	0%	5%	100%

PERCEIVED PEER DISAPPROVAL OF USE: How wrong do your friends feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
8th	Have one or two drinks of an alcoholic beverage nearly every day	85%	10%	5%	0%	100%
	Smoke tobacco	90%	7%	2%	0%	100%
	Use e-cigarettes or other vaping products	87%	5%	5%	2%	100%
	Use marijuana	72%	17%	7%	2%	100%
	Use prescription drugs not prescribed to you	90%	10%	0%	0%	100%

PERCEIVED PARENT DISAPPROVAL OF USE: How wrong do your parents feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
8th	Drink beer, wine, or hard liquor (e.g., vodka, whiskey, or gin) regularly (at least once or twice a month)	88%	12%	0%	0%	100%
	Have one or two drinks of an alcoholic beverage nearly every day	90%	10%	0%	0%	100%
	Smoke tobacco	95%	5%	0%	0%	100%
	Use e-cigarettes or other vaping products	95%	2%	2%	0%	100%
	Use marijuana	90%	10%	0%	0%	100%
	Use prescription drugs not prescribed to you	97%	2%	0%	0%	100%

PARENT COMMUNICATION ABOUT DRUGS: In the past year, have your parents/guardians talked to you about:

		Yes	No	Don't remember	Total
8th	Not using alcohol	44%	49%	8%	100%
	Not using tobacco	39%	53%	8%	100%
	Not using marijuana	41%	51%	8%	100%
	Not using opioids for non-medical reasons	31%	54%	15%	100%

PARENT ALCOHOL MONITORING: Would you be caught by your parents if:

		Never	Sometimes	Most of the time	Always	Total
8th	You drank some beer, wine or liquor (e.g., vodka, whiskey, or gin) without your parents' permission	41%	2%	12%	44%	100%
	You go to a party where alcohol is served	44%	5%	10%	41%	100%

PARENT OVERALL MONITORING:

		Never	Sometimes	Most of the time	Always	Total
8th	When I am not at home, one of my parents/guardians knows where I am and who I am with	5%	5%	10%	80%	100%
	My parents/guardians ask if I've gotten my homework done	15%	15%	15%	56%	100%
	Would your parents/guardians know if you did not come home on time	5%	2%	15%	78%	100%

My family has clear rules about alcohol and drug use:

8th	
Yes	74%
No	26%
Total	100%

PERCEIVED ACCESS: If you wanted to get the following, how easy would it be for you to get some:

		Very hard	Sort of hard	Sort of easy	Very easy	Total
8th	Beer, wine, or hard liquor (e.g., vodka, whiskey, or gin)	80%	17%	2%	0%	100%
	Cigarettes	90%	3%	8%	0%	100%
	E-cigarettes or other vaping products	92%	3%	5%	0%	100%
	Marijuana	90%	5%	5%	0%	100%
	Prescription drugs not prescribed to you	87%	8%	3%	3%	100%
	Opioid medications from your home	89%	8%	0%	3%	100%

ALCOHOL SUPPLY SOURCE ONLY AMONG ALCOHOL USERS: During the past year, did you usually get your own beer, wine or liquor from the following sources*:

	8th Grade
Retail Purchase	
Any Retail Source	0%
I bought it at a bar or restaurant	0%
I bought it at a gas station or store	0%
Curbside/Home delivery	0%
Parent Supply	
My parents WITH their permission	0%
Social Access	
Any Social Source (excluding parents)	0%
A friend gave it to me	0%
I got it at a party	0%
I gave a stranger money to buy it for me	0%
My older brother or sister gave it to me	0%
An adult (other than my parents) WITH that adult's permission	0%
Accessed Without Permission	
Stole or Took Without Permission	0%
My parents WITHOUT their permission	0%
An adult (other than my parents) WITHOUT that adult's permission	0%
# of Alcohol Users in the Past Year	1

*If you see an **N/R (Not Reported)** noted in this table, it means that at least 50% of students skipped the question for no known reason, making the results too biased to report

(4) Interpersonal Conflict, Violence, and Delinquency

DELINQUENCY: How many times in the past year (12 months) have you:

		Never	1-2 times	3-5 times	6+ times	Total
8th	Been in a physical fight	44%	37%	17%	2%	100%
	Carried a weapon such as a handgun, knife, or club	87%	10%	0%	2%	100%
	Sold illegal drugs	100%	0%	0%	0%	100%
	Been drunk or high at school	100%	0%	0%	0%	100%

BULLYING EXPERIENCES: During the past 12 months, has another student at school:

		8th
Bullied you by calling you names		20%
Threatened to hurt you		15%
Bullied you by hitting, punching, kicking, or pushing you		10%
Bullied, harassed, or spread rumors about you on the Internet, social media, or through text messages		10%
Ever bullied (reported at least 1 type of bullying)		34%
Intensely bullied (reported all types of bullying)		0%

BIAS-BASED BULLYING: In the past 12 months at school, how often have you been bullied, harassed, or made fun of because of:

		Never	1-2 times	3-5 times	6+ times	Total
8th	Your appearance or a disability	73%	22%	2%	2%	100%

DATING VIOLENCE: During the past 12 months, have any of the following been done by someone in a dating relationship with you:

		I have not begun to date	Yes	No	Not sure	Total
8th	Slapped, kicked, punched, hit, or threatened you	20%	7%	61%	12%	100%

(5) Academic and School Experiences

SCHOOL ABSENCES: About how many days are you absent from school during an entire year:

	8th
0-9 days	73%
10-19 days	17%
20-30 days	7%
More than 30 days	2%
Total	100%

ACTIVITIES AND OPPORTUNITIES: In which of the following activities do you participate:

	8th	
	%	N
School sports team	82%	33
Other sports	57%	21
School clubs	41%	15
Service clubs or volunteer projects (e.g., Scouting, 4H)	10%	3
Other activity clubs (e.g., Boys & Girls, YMCA, etc.)	37%	13
Church youth group or other faith-based youth group	34%	12

ACTIVITIES AND OPPORTUNITIES: Participation in activities:

	8th
0 activities	10%
1 activity	17%
2 or more activities	73%
Total	100%

ACADEMIC ACHIEVEMENT: Putting them all together, what were your grades like for the last year:

	8th
Mostly A	2%
Mostly A and B	76%
Mostly B	0%
Mostly B and C	20%
Mostly C	2%
Mostly C and D	0%
Mostly D	0%
Mostly F	0%
Total	100%

SCHOOL CLIMATE/CARING ADULTS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
8th	Who really cares about me	7%	20%	34%	39%	100%
	Who notices when I'm not there	2%	25%	25%	47%	100%
	Who listens to me when I have something to say	5%	24%	29%	41%	100%
	Who notices if I have trouble learning something	2%	29%	29%	39%	100%

SCHOOL CLIMATE/HIGH EXPECTATIONS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
8th	Who tells me when I do a good job	5%	20%	27%	49%	100%
	Who always wants me to do my best	5%	17%	27%	51%	100%
	Who believes I will be a success	7%	17%	27%	49%	100%
	Who encourages me to work hard in school	10%	12%	34%	44%	100%

SCHOOL CLIMATE/MEANINGFUL PARTICIPATION: How true are the following statements:

		Not at all true	A little true	Pretty much true	Very much true	Total
8th	At school, I do interesting activities	7%	29%	44%	20%	100%
	At school, I help decide things like class activities or rules	24%	27%	27%	22%	100%
	At school, I do things that make a difference	24%	32%	24%	20%	100%

SCHOOL CLIMATE/SCHOOL CONNECTEDNESS: How strongly do you agree or disagree with the following statements about your school:

		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	Total
8th	I feel close to people at this school	7%	2%	27%	46%	17%	100%
	I am happy to be at this school	12%	10%	27%	37%	15%	100%
	I feel safe in my school	7%	0%	17%	56%	20%	100%
	The teachers at this school treat students fairly	7%	7%	27%	41%	17%	100%

During the past 30 days, how many days did you not go to school because you felt you would be unsafe:

	8th
0 days	85%
1 day	7%
2 or 3 days	5%
4 or 5 days	2%
6 or more days	0%
Total	100%

SUBSTANCE USE EDUCATION IN SCHOOL: To what extent have you seen ads or participated in these activities in the past 12 months*:

		Never	Rarely	Sometimes	Often	Total
8th	Played interactive games to learn about alcohol and other drugs	82%	10%	8%	0%	100%
	Saw posters or messages displayed at school encouraging students not to use alcohol or other drugs	72%	8%	13%	8%	100%
	Had films, lectures, discussions, or printed information about drugs or alcohol IN regular classes, such as health or physical education	71%	16%	5%	8%	100%
	Had films, lectures, discussions, or printed information about drugs or alcohol OUTSIDE OF regular classes, such as in a special assembly	78%	3%	11%	8%	100%

*New question added in 2024

(6) Mental, Social, and Physical Health

During the past 12 months did you ever:

	8th	
	%	N
Feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities	41%	17

Is there an adult you know (other than your parent) you could talk to about important things in your life:

	No	Yes, one adult	Yes, more than one adult	Total
8th	10%	22%	68%	100%

BMI (Body Mass Index) Categories based on CDC guidelines:

	8th	
	%	N
Underweight	3%	1
Healthy weight	67%	24
Overweight	19%	7
Obese	11%	4
Total	100%	36

Body Mass Index categories as calculated by self-reported height and weight

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians:

	8th
0 days	12%
1 day	0%
2 days	7%
3 days	17%
4 days	5%
5 days	2%
6 days	7%
7 days	49%
Total	100%

During the past 7 days, how many times did you:

		0 times during the past 7 days	1 to 3 times during the past 7 days	4 to 6 times during the past 7 days	1 time per day	2 times per day	3 times per day	4 or more times per day	Total
8th	Eat fruit	12%	10%	37%	7%	7%	7%	20%	100%
	Eat vegetables	27%	27%	22%	5%	10%	10%	0%	100%

During the past 30 days, how often did you go hungry because there was not enough food in your home:

	8th
Never	56%
Rarely	32%
Sometimes	12%
Most of the time	0%
Always	0%
Total	100%

SCREEN TIME: On an average school day, how many hours do you spend on NON-SCHOOL RELATED "screen time" (e.g., TV, videos, streaming, gaming (Xbox, PlayStation, or internet-based games), smart phone use, texting, social media, or the Internet):

	8th
No screen time on an average school day	5%
Less than 2 hours per day	5%
2-3 hours per day	17%
4-6 hours per day	51%
7 or more hours per day	22%
Total	100%

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day:

	8th
0 days	20%
1 day	2%
2 days	22%
3 days	15%
4 days	5%
5 days	7%
6 days	10%
7 days	20%
Total	100%